

AMENDMENTS TO THE CLAIMS

1. (Withdrawn) An endurance improving agent comprising catechins as an active ingredient.
2. (Withdrawn) An antifatigue agent comprising catechins as an active ingredient.
3. (Withdrawn) Use of catechins for the production of an endurance improving agent.
4. (Withdrawn) Use of catechins for the production of an antifatigue agent.
5. (Currently Amended) A method for improving endurance, which comprises administering to a subject in need thereof an effective dose of a composition consisting essentially of catechins, wherein said subject in need thereof is a subject who needs to do exercise requiring endurance or labor requiring repeated muscle exercise.
6. (Canceled)
7. (Withdrawn) An AMPK activator comprising catechins as an active ingredient.
8. (Withdrawn) Use of catechins for the production of an AMPK activator.
9. (Withdrawn) A method of activating AMPK, which comprises administering an effective dose of catechins.

10. (New) The method of claim 5, wherein said catechins are at least one catechin selected from the group consisting of gallicatechin, epigallicatechin, gallicatechingallate, and epigallicatechingallate.

11. (New) The method of claim 10, wherein said catechins is at least gallicatechin.

12. (New) The method of claim 10, wherein said catechins is at least epigallicatechin

13. (New) The method of claim 10, wherein said catechins is at least gallicatechingallate

14. (New) The method of claim 10, wherein said catechins is at least epigallicatechingallate.

15. (New) The method of claim 5, wherein said catechins are at least one catechin selected from the group consisting of gallicatechin and epigallicatechin.